



Project funded by:



Families,
Fairness
and Housing

Project
hosted by:



COMMUNITY EVENT

When: Monday 1st + 8th May 2023
9am to 5pm

Where: Willum Warrain Aboriginal Assoc.
10c Pound Road Hastings 3915

RSVP: Thursday 27 April 2023

Register: Willum Warrain
0403 528 034

CATERING PROVIDED: please advise any dietary requirements when booking

This is not a support group or a cultural awareness program

Criteria: Funded as a community event for Aboriginal community and kin

Instructor: AJ Williams-Tchen
2022 AASW Social Worker of the Year
girrawayganyi@gmail.com

Youth Aboriginal Mental Health First Aid

This course yarns about mental health issues as faced by Aboriginal youth, and identifies strategies in having culturally appropriate and safe mental health first aid conversations using an evidence based action plan.

Topics covered are: social & emotional well-being, adolescent development, conversation strategies & techniques, anxiety & depression, and substance use.

